



Abbey Mead

Dental Practice & Implant Centre

Do you wish some aspects of your dental health or smile were better?

This smile analysis questionnaire will help us to understand what you do or don't like about your smile, and whether you feel it could be improved.

	Yes	No
• I would like to improve the appearance of my smile.	<input type="checkbox"/>	<input type="checkbox"/>
• My teeth are not as white or bright as I'd like.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like to do something about my chipped or misshapen teeth.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like my grey metal fillings to be tooth-coloured.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like my crowns to better match my natural teeth.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like to replace the gaps where missing teeth show.	<input type="checkbox"/>	<input type="checkbox"/>
• I wish my gums didn't bleed when I brush and floss.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like to be confident that my breath is fresh.	<input type="checkbox"/>	<input type="checkbox"/>
• I want more help to prevent tooth decay.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like my teeth to be less sensitive.	<input type="checkbox"/>	<input type="checkbox"/>
• I worry that my teeth are worn down and/or keep breaking.	<input type="checkbox"/>	<input type="checkbox"/>
• I clench or grind my teeth and /or get headaches / migraines.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like dentures that look and feel more natural.	<input type="checkbox"/>	<input type="checkbox"/>
• I'd like to be less apprehensive about dental treatment.	<input type="checkbox"/>	<input type="checkbox"/>

Name

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Please hand this sheet to one of the team at your next dental health review.

How we can help you improve your smile

- **Discoloured or dark teeth.** A brighter, whiter smile can be simply and safely achieved using our professional tooth whitening treatments – you’ll be amazed by the results!
- **Grey metal fillings** – These can easily be replaced with attractive tooth coloured fillings, inlays and onlays.
- **Chipped, misshapen or unattractive teeth** can be disguised to blend in with your other teeth using porcelain veneers or composite bonding.
- **Damaged, worn and weak teeth.** Heavily filled or broken teeth can be made strong again with longer lasting and better looking crowns.
- **Missing teeth** can be replaced with fixed, natural looking dental implants or bridges, eliminating the need to wear a denture.
- **Uncomfortable or unrealistic dentures.** If your dentures are fooling no-one, quality materials and techniques can provide you with new teeth that look and feel more natural.
- **Bleeding gums, bad breath, stained teeth.** Preventive care with effective daily home care routines and regular hygienist visits can put an end to dental worries and maintain a healthy fresh confident smile.
- **Tooth protection during sports.** We can provide comfortable well fitting mouthguards to protect your teeth or those of your children from accidental damage whilst playing sport.
- **Tooth grinding and jaw clenching.** More common than people usually realise, these habits may lead to regular headaches, migraines and other pains, as well as tooth damage.
- **Sensitive teeth.** Teeth can be sensitive to cold or heat. We would like to help you find out why so we can prevent further sensitivity.
- **Dental anxiety.** Gentle modern care and a sympathetic approach will help you to overcome your worries and be able to smile with confidence. For those who need an extra helping hand, we can offer sedation therapies.